

## **DIRECT ACCESS ACKNOWLEDGEMENT**

All Floridians possess the right to receive physical therapy services without the need for a referral from a licensed physician. This right is known as Direct Access. Direct Access affords anyone in Florida the ability to receive skilled therapy for up to 30 days prior to requiring examination and subsequent referral from a licensed physician in order to continue treatment if needed.

Many orthopedic conditions are effectively treatable within 30 days of starting physical therapy. Others, however, depending on the degree of involvement, will require treatment beyond 30 days. It is Dr. Allen's goal to keep you out of doctor's offices and minimize dependence on medications, injections or surgeries. It is also to relieve your pain and/or dysfunction while making sure that this relief is long lasting and will have little to no impact on your quality of life in the future. Pain relief may easily be achieved within 1-2 weeks of starting treatment. Long lasting restoration of proper function and body mechanics, however, often requires a more extensive window of treatment to achieve.

By signing this form you acknowledge the understanding of how Direct Access works and the fact that you will need to see a physician to obtain a referral if continuation of treatment is necessary beyond 30 days of your first session with Your Place Physical Therapy.

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Printed Name

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Signature

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Date